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February 20-22, 2019 - San Antonio, Tx

# KAIZEN IN THE HOSPITAL SETTING To Eliminate Wasteful Steps from the Discharge Process



### Background

Memorial Hospital West (MHW) is a 478-bed acute care hospital serving Broward County, Florida; and a hospital within the Memorial Healthcare System (MHS). MHS is among the nation's largest public healthcare systems; consisting of a major tertiary care hospital, a freestanding children's hospital, five primary care centers, four community hospitals, skilled nursing facility, two sameday surgery centers, a large freestanding 24/7 urgent care center, and a home health agency.

### Description

The Discharge Process from "Discharge Order" to "Patient Leaving the Unit" to Home, is not simple. It is not well coordinated amongst care team members and therefore takes more time to complete than it should. Many times, operational inefficiencies result in patients being rushed out without having critical conversations prior to Discharge. Kaizen Events with frontline care team members, that provide the care, can bring about standardizing and simplifying process steps. Eliminating wasteful Non-Value Added Steps and defining who does what/when; and determining how the action/steps are communicated can lead to a safe discharge in less time.

## Aim

Standardize and simplify the discharge process to minimize wasteful steps and ensure defined roles and responsibilities.

#### **Actions Taken**

Process Mapping illustrates the current Process Steps, Decision Points and Non-Value Added Steps. As a team, through Brainstorming and the use of a Benefit & Effort Matrix, the participants were able to identify and prioritize their ideas. They focused on the attainable, High Benefit + Low Effort opportunities that could be tackled in a relatively short period of time. Developing a Future State Process Map enabled them to visually implement their identified brainstorming solutions which demonstrate the steps that are Value and Non-Value Added. Standardizing steps and actions taken by the team, enabled them to ensure proper communication and safe discharge.

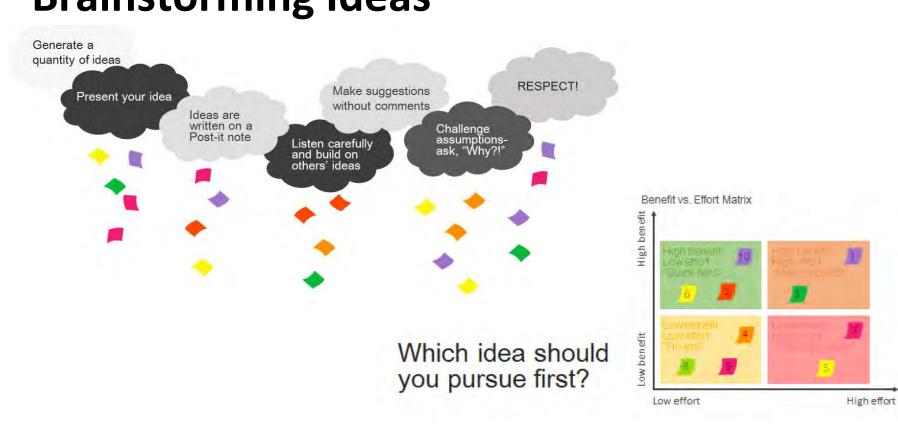
### **Summary of Results**

Kaizen is a Japanese word that means "Change for the Good". While Lean is about implementing rapid change; it is also about "Respect" for people. Kaizen Events empower employee participants by listening to them; their knowledge and expertise. Listening to those that do the work and then implementing their ideas, is the best way to gain "buy-in" to bring about meaningful and sustainable change. Eliminating unnecessary steps allows them to discharge more patients in less time. Discharging patients sooner has resulted in admitting patients from the Emergency Room and PACU sooner; lowering costly "Holdover Hours" from the ED and OR as well as lowering LOS.

#### Process Mapping of the Current State to visualize what is going on and identify NVA Steps



### **Brainstorming Ideas**



#### **Current State of Process Steps**

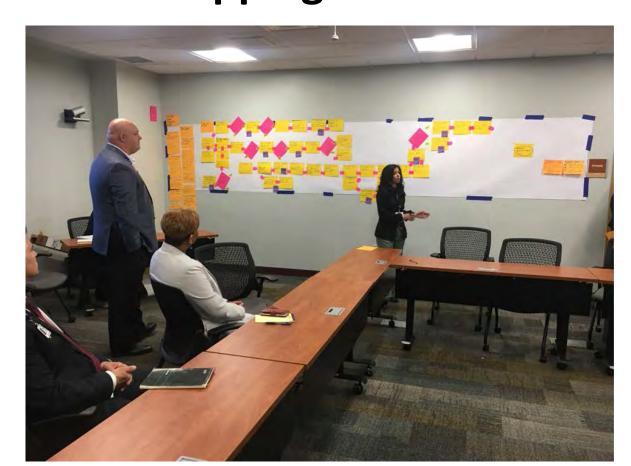
83 Process Steps

**30 Decision Points** 

26 NVA Steps



#### Process Mapping of the Future State > Significant Reduction in Process & NVA Steps



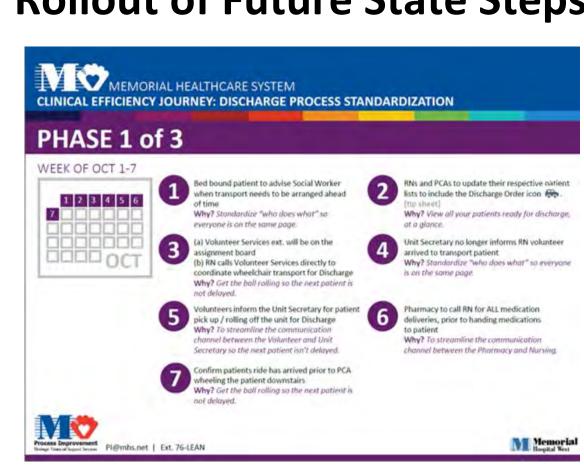
**Future State of Process Steps** 

41 Process Steps **Decision Points** 

11 NVA Steps

К	ecommendations   Feedback		
#	Action Item	GO/NO GO	FEEDBACK
1	Pharmacy to reconcile medications within Epic orders, prior to delivering medications to the floor (to avoid missing any medication changes)	GO	
2	Pharmacy to call RN for ALL medication deliveries, prior to handing medications to patient	GO	
3	Pharmacy Tech to deliver 'meds to bed'	GO*	Need Director of Pharmacy feedback to move forward.
4	ER staff to be responsible for verifying patients pharmacy and preference of script	?	Needs further research. Is this part of the ER process?
5	(a) Utilize OP Concierge Pharm Epic list questionnaire; (b) Questionnaire to be completed by Admission RN	GO	Need OP Pharm feedback, OP Pharm needs a 'reference tool' to educate patients on their services (Denise)
6	(a) Default all Physicians to e-scribe for all Rx's     (b) Admission RN to confirm Pharmacy selected in Epic	GO	
7	Patient Pharmacy benefits link when Physician orders Rx	GO	OP Pharm to "own" this process.
8	Link DC with Med Rec; Create hard stop to prevent DC order input without Med Rec completion. If medications changed after Med Rec, FLAG to re-review Med Rec	GO*	Need further discussion for Physician buy-in. Dr. Freling to provide further feedback.
9	Discharge Order trigger to Social Worker for uninsured patients going on home with Medications / Rx	GO	
10	Security to check the assignment board to coordinate directly with RN to hand off patient valuables	GO	
11	Physician place Discharge Orders immediately after Physician rounds on patient / No overnight DC orders	NO GO	LOS issue as to not have late Discharges the following day.
12	Call Physician Cell Phone directly only if related to Discharge (bypass calling Physician Service line)	NO GO	Needs further discussion. Escalate and wait (Denise).
13	Verbal scripting or Physicians regarding Discharge process	NO GO	Utilize the Discharge Video on Care TV. When patient receives a Discharge order have the PCA turn the TV on to the channel so educate the patient (Denise).
14	Develop Physician Discharge checklist: i.e.: Med Rec, Return to Work/ School Note, and other documents as needed	GO	educate the patient (Demse).
15	Add indicator upon admission to trigger the Return to Work/ School Note	GO	
16	(a) Add return to work template to AVS. (b) Provide RN permission to document date and restrictions based on Physicians note	GO	
17	Physician to increase communication with Social Worker for patients going home with Rx	GO	
18	'Visual queue' (pictures) for patient to have of all care team members that are required to clear them for discharge (Attending and Consulting Physicians)	GO	
19	(a) Add caricon / alert ("D/T/LOA") to RN patient list (b) Unit Secretary stops courtesy call	(a) GO (b) NO GO	(b) Do NOT stop having US call RN when they see DC order, implement a standard that ALL US make this courtesy call (Denise)
20	LockWheelchair	NO GO	Volunteers should "own" a wheelchair during their shift. If they are called to transport a patient, they should arrive with a wheelchair.
21	All units to have a certain number of wheelchairs assigned in dedicated area on unit	NO GO	Volunteers and other Transport to arrive with a wheelchairs prior to arriving to the unit / picking patient up.
22	Transporters bring their own wheelchair	GO	
23	Transportation Team dedicated to MHW for Discharge	GO	The hospital is large enough, and this will be explored and requested in the next budget (Denise).
24	Bed bound patient to advise Social Worker when transport needs to be arranged ahead of time	GO*	Needs further discussion.  Have the SW coordinate transport for these patients as a primary option (Denise).
25	(a) Volunteer Services number will be on the assignment board (b) RN calls Volunteer Services directly to coordinate (patients wheelchair transport) for Discharge	GO	
26	Unit Secretary no longer informs RN volunteer arrived to transport patient	GO	
27	Volunteers inform the Unit Secretary for patient pick up / rolling off the unit for Discharge	GO	
20			

#### **Rollout of Future State Steps**





Kaizen participants consisted of "frontline" RNs, PCAs, Unit Secretaries and Nurse Managers from 3 patient care units as well as representation from Clinical Informatics and Pharmacy

**Contact Information**